



— CHARITY CLIMB TO —
MOUNT KILIMANJARO
12TH - 21ST MARCH 2027

RAISE FUNDS TO IMPROVE KIDNEY CARE WORLDWIDE

We are going back!

4 years on from our last ascent, join us for another action-packed trip to the roof of Africa, and raise money to help patients with kidney failure around the world!

Whether you already embrace the excitement of the outdoors or feel intimidated by the idea of climbing Africa's highest peak...

we will support you every step of the way

- No climbing experience necessary
- No minimum sponsorship required
- Limited places available...register now to avoid disappointment

Join KIDNEY CARE 4 ALL on an unforgettable adventure climbing Africa's highest peak !
Proceeds will help improve the care of patients with kidney failure around the world.

SCAN TO REGISTER



 :kidcare4all



www.kidneycare4all.com

An estimated 14% of the Sub-Saharan population suffer with chronic kidney disease, but less than 1% have access to treatment when their kidneys fail. Too many are destined to die undiagnosed or without medical treatment. Here in the UK all such patients are considered for dialysis and/or kidney transplant and life opportunities are transformed. This disparity is something we can help alleviate.

KCA is a UK based charity, aiming to boost healthcare outcomes of communities around the world. It was formed in 2022 by a team, passionate about improving access to and education in renal replacement therapies (dialysis and kidney transplant).

Our Mission Statements are simple:

- **Promote building of local capacity**
- **Reduce international dependency**
- **Provide sustainable solutions**
- **Teach and train local teams**

KCA has close links with several kidney units in Africa, including Tanzania, Uganda, Kenya, Rwanda and Nigeria. To date we have helped create an independent vascular access unit in Tanzania and are currently working closely with the Ugandan Ministry of Health to create Uganda's first kidney transplant unit. **Through these partnerships we have already helped hundreds of patients and trained local teams to deliver better care to their patients.** Find out more about the work we have done at our website www.kidneycare4all.com

This climb will raise money to help us continue the fantastic work our team have started.

Join us and create lifelong memories



Proposed Itinerary*

- 12/3 Depart from UK (London & Manchester departures available. Flight details to be confirmed within 2 months of departure)
- 13/3 Arrive at Kilimanjaro airport (JRO) - transfer to hotel, rest day
- 14/3 Briefing from local team – rest day
- 15/3 Depart for climb - Machame gate registration, then hike to Machame camp
6-7 hours, 11km, altitude 2,835m
- 16/3 Machame camp - Shira camp 2
5-6 hours, 5km, altitude 3850m
- 17/3 Shira camp 2 - Barranco camp
6-7 hours, 7km, altitude 3900m (max elevation 4600m)
- 18/3 Barranco camp - Barafu camp
7-8 hours, 7km, altitude 4700m
- 19/3 Barafu camp - Uhuru peak (Summit) - Mweka camp
12-14 hours, 17km, max altitude 5895m
- 20/3 Mweka camp - Machame village
Transfer back to Moshi, celebratory dinner
- 21/3 Depart from Kilimanjaro airport (JRO)

*Correct at time of print, subject to change



What is included?

- Return flights to Kilimanjaro (JRO)
- 3 nights B&B accommodation in Moshi* (13th, 14th and 20th March), twin rooms (single rooms available at a supplement).
*All accommodation has been hand-picked by our team and will guarantee to provide a haven to travel from and relax in
- All transfers
- All park entry and concession fees for Kilimanjaro National Park
- Professional guides, porters and a mountain chef
- All meals on the mountain
- Private toilets
- Twin tents on the mountain
- All camping equipment
- Emergency rescue
- Emergency oxygen cylinders
- **Celebration dinner on return to Moshi**
- Complimentary branded merchandise
- And most importantly... a supportive and experienced team to guide you **from couch to Kili**

Costs

Thanks to our close links and partnerships in Tanzania, we can offer this climb for **£3,300**, inclusive of all the above. The following payment schedule has been implemented (all non-refundable):

- £1100 payable at time of registration (**deadline** of 12/09/26)
- £1100 payable by 11/12/2026
- Final balance of £1100 payable by 12/02/2022 (1 month prior to departure)

Please note, the package **does not** include:

- Tanzanian visa
- Tips and gratuities for the crew (an average of US\$100-\$150 is recommended per hiker)
- Personal trekking and camping gear (can be hired for a small fee from Moshi prior to starting the climb).
- Lunch and dinner in Moshi, other than where stated above
- **Personal Insurance**- must be taken out by all participants prior to departure and to cover climbing altitudes of 6000m



If you would like to register for the climb,
please **scan the QR code** and complete the
registration form.

Places are on a first-come-first-served basis.

If you have any questions regarding the trip, please
email us at info@kidneycare4all.com

Once registration details have been received, we will notify you of our bank account
details for transfer of your deposit. Please note that your registration is not confirmed
until we have received your deposit.

Thank you

